# Camp kit List!!

Kit List - Cub Camping

This is a Guideline to help you pack for camp. Not all of it is completely necessary but it is a very good place to start.

- For Spring Challenge Camp, Third Year cubs should have their gear packed in a sturdy backpack for camp as they have to hike in to their campsite!!! (It's about 1km)
- ❖ The clothing list below should include what they are wearing as they go to camp.
  e.g. 2-3 pairs of pants would mean wearing one pair and having 1-2 in their pack.
  Adjust the amount of COLD gear by the time of year but Fall and Spring can be cold and wet!

#### **OUTDOOR WEAR**

- winter coat preferably with hood
- snow pants / waterproof pants
- hiking/winter boots (waterproofed)
- 2 warm toques (one for day, one for sleeping) wool or polarfleece
- 1 pair waterproof mittens/gloves (e.g. ski gloves)
- Scarf

### **CLOTHING**

- long thermal underwear (tops and bottoms)
- 2-3 pairs pants (no 100% cotton or jeans)
- 1-2 warm sweaters (e.g. medium weight fleece)
- 2-3 long sleeve T-shirts/ turtle-neck (no 100% cotton)
- 5 pairs thermal socks, strongly suggest wool (no 100% cotton)
- Liner socks, suggest microfiber (optional)
- regular underwear
- warm pajamas or an additional pair of thermal underwear or polar fleece pants and shirt, hoodies work great
- indoor shoes (e.g. sneakers) no slippers

#### **SLEEPING**

- Sleep pad Therm-a-rest or foam insulating mat use 2 if you have them. No air mattresses
   except self-inflating
- sleeping bag(s) plus liner/wool blanket (any combination to take you to -15°C)
- pillow (optional)
- extra blanket (optional)
- Bed buddy (optional)

## **TOILETRIES**

- Soap
- Small towel/facecloth
- Toothbrush/paste
- Sunscreen/lip balm
- Hand lotion (optional)
- Other personal items

### **DAYPACK**

- daypack with (filled) water bottle
- unbreakable (not metal) mug with handle and clip to pack
- flashlight with extra new batteries
- notebook and pencil
- whistle and garbage bag
- Spare hat and gloves/mitts
- Cub first-aid kit and emergency kit (see Cub handbook)
- sunglasses (optional)
- camera (optional)

#### **OTHER**

- pocket knife with Locking blade max 4 inch blade in a ziplock bag with cub's name on it
- quiet activities, ie. book (optional)
- deck of cards (optional)
- in a mesh bag, that can be hung up: one of each of the following (must be non-breakable): cup, bowl, plate, fork, knife & spoon

**NOTE:** Medication brought to camp must be in the original packaging clearly labeled with user name, dosage, and instructions. Please present any medications (prescription or over the counter) upon arrival at camp to the First Aider.

Leave home: Electronics - ipod, mp3, game devices -- any cell phone should be left in pack

Please mark everything with your child's initials or name. (if you have trouble supplying your child with any of the items on the list, please speak to the leadership team, we may be able to help you out with the loan of a few items- including hiking boots, foamy pads, warm sleeping bags, fleece clothing items.)